

# KEEP YOUR BABY SAFE!

YES



NO



*Please...*

- ✓ Place your infant on his or her back in a crib with a firm, tight-fitting mattress.
- ✓ Keep pillows, quilts, comforters, pillow-like stuffed toys, and other soft items out of the crib.
- ✓ Avoid sleeping with your infant. Place the infant in his or her own crib to prevent suffocation.

**Why?**

*Babies who sleep on their backs have a much lower risk of dying from Sudden Infant Death Syndrome (SIDS) and suffocation.*

**For more information on sleep safety  
and/or to order these fact sheets,  
please call The Georgia SIDS Project at 1.800.822.2539**

